

**Housing, Community & Emergency Services Department
South East Area Office**

**To the Chairperson and Members of the
South East Area Committee**

Community Development Section Report

JULY 2018

- July 1st:** Morehampton Terrace Street Party
Havelock Square Family Fun Day 2 - 5pm
- July 3rd:** Tour of Jeanie Johnson for Greenore / Rostrevor Residents 3pm
Donnybrook Residents' Association Family Fun Day 2 - 6pm
- July 4th:** Sandymount Older Persons' Tea Party, Sandymount Green 2.30pm
- July 10th:** Emilie Conway Jazz Gig – Rathgar Active Retirement Association, 52
Grosvenor Road 2.30pm
- July 14th:** Avila Family Day Donnybrook
- July 17th:** Verschoyle Court Garden Party with live music from Pastimes 2.30pm
- July 21st:** Northbrook Avenue Street Party 2pm
Colombia Independence Day at Archbishop Byrne Hall at 2pm
- July 22nd:** Grand Canal Docks Street Party at Hannover Quay
- July 26th:** Family Open Day Allotments Prize Giving from 6.30 - 8pm at
Ringsend Allotments, Ringsend Park
- July 28th:** Rutland Grove Family Fiesta

The main judging for Tidy Towns and City neighbourhoods will take place in late June / early July so please encourage all residents to clean, tidy and green their areas.

In addition to the above, a number of weekly events continue to take place as part of ongoing community work.

- Tuesdays:** 11am: Dance for Life Classes – Evergreen Club Terenure
2pm: Let's Walk and Talk, Outside the Barge Pub
3pm: Chair Yoga, Woodstock Court
- Wednesdays:** 11.30am: Chair Yoga, Beech Hill Court
2pm: Let's Walk and Talk (Spanish), Kildare Place
- Thursdays:** 10am: Parent & Toddler Group, Evergreen Club, Terenure
2pm: Let's Walk & Talk, Sandymount Green

3pm: Knitting classes, Beech Hill Court

Fridays: 11am: Let's Walk & Talk, (as Gaeilge), Meeting House Square
11am: Let's Walk & Talk (French), Kildare Place

Saturdays: 10am: Parent & Toddler Group, Evergreen Club, Terenure
11am: Bushy Park Market
2pm: Let's Walk & Talk, Car park next to Dropping Well Pub

In addition to the above a number of weekly events continue to take place as part of ongoing community work: older persons' activities, Friends of Green Spaces, allotment links etc.

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Environmental Services Unit Report

Art on Traffic Light boxes

Work has commenced on 25 traffic light boxes throughout the South East Area.

Weed-Spraying

Weed-spraying on all public roads and laneways throughout our area is now complete. A second round of spraying is scheduled to commence at the very end of August

Signage on Canals

Temporary "No Drinking in Public Areas" signage has been erected on areas where people gather in good weather to drink alcohol. This will be replaced shortly with permanent signage.

Events

- Festival of Chariots 28th July
- Grand Dublin Swim 28th July
- Rock & Roll Dublin 5k 11th July
- Rock & Roll Dublin 10k 12th July
- The Big Grill Festival 16th to 19th August

**Housing, Community & Emergency Services Department
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Housing Projects and Local Area Improvements

Grand Canal Sub Group

The latest meeting of the Grand Canal Sub-committee was held on 20th June 2018. Docklands Business Forum reported a successful Docklands Clean-up Day and expressed gratitude to DCC for their support, particularly with re-working the mural which has proven to deter graffiti since its installation last year.

There is potential to partner with An Taisce's Clean Coasts unit to further develop the corporate volunteer clean-up programme as a fee paying exercise with proceeds being funded back to the volunteer groups.

The next meeting of the Grand Canal Sub-committee will be held on 20th June 2018.

Rathgar Village Improvement Plan (VIP)

The redesign of Herzog Park is the final element of the Rathgar VIP to be undertaken. Work on the nature play area is well under way; however a disruption in the supply chain has resulted in the late delivery of some play equipment. The anticipated completion date is now mid July with an official launch to take place when participating schools return in September. A tender is currently being prepared by Parks Services to appoint a landscape architect to design the Multi Use Games Area (MUGA) and landscaping elements that will constitute phase 2.

Ranelagh Gardens Park

Cleaning of the main entrance archway to the park was carried out in April 2018. Further elements of the 2015 Part 8 including paths and drainage issues will be undertaken later in 2018.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

Messrs. Redscape and Mitchells & Associates have been selected respectively to bring both Cambridge Road and the Library Square, Ringsend planning applications to Part 8 stage. Initial meetings have been scheduled for early July with each party to discuss both projects.

Terenure Village

Five additional lamp standards were identified for upgrade in 2017, installation is currently under way. Proposal to screen recycling bins in car park on Terenure Road North is being examined in partnership with Terenure 2030 / Tidy Towns and Waste Management Services as a project for 2018.

O'Carroll Villas

A meeting was held on 3rd July 2018 with area office and Housing Maintenance staff and residents to discuss the proposed landscaping at O'Carroll Villas. Resurfacing of the car park and drainage work in the vicinity is complete.

Cabbage Patch

We are currently awaiting a meeting with the Gardaí and local stakeholders in relation to the Cabbage Patch. We also hope to arrange a football tournament for young people in conjunction with the Football Association of Ireland (FAI). In addition, we will be focussing on illegal dumping and littering which is a serious problem in the area.

Ross Road Play Area

The Ross Road Play Area has been opened for some time. We are liaising with Parking Enforcement in relation to parking on the footpath near the play area which is blocking sight lines for children exiting the play area.

GB Shaw House

The measured survey has been completed and City Architects are reviewing the report. A tour and brief presentation for councillors and local residents is being arranged.

Crampton Buildings

Our Community Team have purchased and supported the installation of hanging baskets in Crampton Buildings.

**Culture, Recreation & Economic Services Department
Dublin City Sport and Wellbeing Partnership Section**

**To the Chairperson and Members of the
South East Area Committee**

Dublin City Sport and Wellbeing Partnership (DCSWP) Report

Dublin Sports Fest

Dublin City Sport and Wellbeing Partnership's (DCSWP's) flagship event will take place during European Week of Sport (September 23rd – 30th). The focus will be on encouraging participation across all ages, backgrounds & abilities and, importantly, sustainability. There will also be the added bonus of the chance to showcase Dublin City Council's (DCC's) many sport and recreation facilities.

The festival will comprise of a week-long programme of events across many of DCC's facilities, parks and urban spaces. We will look to link with many of the sporting non governmental bodies / sports clubs across the city and encourage them to participate in the festival by hosting open nights, taster sessions, blitzes etc.

We hope to develop a promotional pack to assist them with this. Larger clubs may have the capacity and resources to deliver bigger one-off innovative events that could feature as one of the headline attractions on our programme of events for the week.

We also hope to link with schools and third level institutions in addition to curating links with some corporate entities in order to deliver some fun and novel workplace wellbeing initiatives during the week (e.g. silent disco, lunchtime tai-chi, outdoor spin, tug of war, relay race, dance flashmobs etc.).

A large element of Dublin Sports Fest will involve tying in with pre-existing events such as the Great Dublin Bike Ride, Sport Ireland's Family Sportsfest in the National Sports Campus and Parkrun etc. (i.e. turning Parkrun blue for the weekend in question).

Other big ticket events proposed for the week include:

- Liffey Odyssey event comprising of a flotilla of small craft including kayaks, canoes, rafts etc., that will go on a leisurely journey from the Garda Boat Club in Islandbridge right through the city centre to the 3 Arena - run on behalf of DCSWP by Ballyfermot Outward Bounds Adventure Centre and some other partners.
- Glow Sports evening time events to take place across numerous venues throughout the week.
- Sports Stadium – a multi-sport activation in the historic surroundings of Dalymount Park incl. tag rugby, cricket & walking football (the FAI proposes to run this as a pilot for a similar initiative they hope to deliver as part of the Euro 2020 Legacy Programme).
- DCSWP's Older Adult Sports Day will take place during this week.

And many more!

As the week of Dublin Sports Fest also coincides with Positive Ageing Week and National Fitness Day (28th September), we will endeavour to speak to the organisers of these initiatives to see if any of their events can come under the umbrella of Dublin Sports Fest.

Sport for Young People – Small Grants Scheme

The aim of the grant is to increase participation by young people throughout Dublin City in sport and physical activity.

Grants were advertised in mid-May via email to clubs and sports contacts, newspaper advertisement and via social media. Deadline for receipt of applications was Friday, June 29th at 4pm.

More information can be found at:
www.dublincity.ie/smallgrantscheme2018

Go for Life Games

The Go for Life Games involve three sports that can be played in singles, pairs and teams:

- Lobbers - adaption of Petanque and Boules
- Flisk - adaption of Frisbee and Horseshoe Pitching
- Scidil - adaption of Ten-Pin Bowling and Skittles

The emphasis of the games is on participation and fun. They are played in a non-competitive way (as much as possible!) with participants encouraged to umpire their own game.

The aim of the Go for Life Games is to involve older people in recreational sport. The national finals (June 9th) took place in Dublin City University and were run by Age and Opportunity with the support of local sports partnerships and the Health Services Executive (HSE).

In the lead-up to the national finals, DCSWP Sport Officers organised regional finals (north side and south side) in addition to delivering an ongoing league and friendly games. The south side finals took place in Sport & Fitness Ballyfermot on 23rd May and the north side finals took place in Cabra Parkside on 24th May.

Bike Week (9 – 17 June)

Bike Week is a national initiative that took place from the 9th to 17th of June. DCSWP sourced funding via the Environment & Transportation Department and used this to deliver a number of bike related activities across the city during this week (via our sport officer team).

During Bike Week, the DCSWP also launched two new bike hubs which have been established at Dublin Municipal Rowing Centre, Islandbridge and East Wall Water Sports Centre.

The Green Scene

DCSWP is putting together a schedule of activities to take place on green spaces around the city during the summer months. Activities will comprise of multi-sport and physical activities and will target various demographics within the community.

Schedule of activities to be finalised. Please contact your local Sport Officer for more details.

Fit4Class

DCSWP, in conjunction with Athletics Ireland, rolled out a **free 10 week 'Fit4Class' National Programme** in primary schools across the city.

Fit4Class is a ten week programme that introduces primary school children from junior infants to fourth class to athletics in a fun, engaging and non-competitive environment. It focuses on the use of games to develop fitness whilst enhancing agility, balance and co-ordination, all fundamental to longer term physical athletic development. Fit4Class rewards students for participating and having fun.

As part of the programme the participating schools have received Fit4Class equipment bags and coaching manuals that guide teachers week by week through the programme. All participating children are also rewarded with a certificate on completion of the programme.

15+ schools from the South East Area took part. This programme is now coming to an end but teachers will have the equipment and manuals as a resource to play the games at any time.

Thrive

Thrive is a referral programme geared towards engaging people with mental health difficulties through physical activity. This can range from people who suffer with anxiety or depression right through to people who may have suffered an acquired brain injury and need assistance in re-integrating into their communities from a personal independence, social & general wellbeing viewpoint.

A Thrive programme is currently being delivered to a mixed gender group from Rehab Care in Pearse Street every Wednesday afternoon at 2.30pm.

General

In conjunction with Athletics Ireland, an **Athletics Camp** will run in Sports and Fitness Irishtown for two weeks commencing August 13th (10am – 2pm daily).

The local DCSWP Sport Officer, in partnership with Swim Ireland's participation officer, will deliver a '**Docklands Dip**' event from 11am to 3pm on Wednesday, July 18th. The event will cater for young people aged 12 – 18 years.

A running group has commenced each Monday evening in Ranelagh. The group (open to all ages and abilities) meet in the village at 7pm and will initially do an eight week programme, designed to help participants reach the goal of running 5K by the end of the eight weeks.

Older Adult Programmes

Chair Fit classes for older adults over 55 take place in Mount Drummond, Harold's Cross, every Monday from 7.15pm – 8.15pm. Classes work on improving the participants' mobility and strength.

Chair Yoga classes for older adults over 55 take place in Woodstock Housing Complex, Ranelagh, every Tuesday from 3pm - 4pm (until 31st July). Classes work on improving the participants' mobility and strength - improving flexibility, balance and posture (to benefit older adults when going about their day to day activities). It also helps with their ability to relax.

Sports & Fitness Markievicz

Sports & Fitness Markievicz are offering sports clubs across the city the chance to try out the very new and innovative high-intensity interval training (HITT) class on water – **FloatFit!**

Designed by fitness experts, sports professionals and physiotherapists, FloatFit utilises the natural fluidity of water to challenge the body's motor skills and movements to give a new and different aspect to even the most traditional of exercises. The 30 minute FloatFit class is a revolutionary, low impact cross training class which takes place on 10ft Aquabase inflatable boards in the water. The workout will do following:

- Improve overall level of fitness & all other health related benefits achieved through general exercise
- Improve overall strength & endurance through isometric, isotonic & plyometric movement
- Improve flexibility, co-ordination & balance
- Improve reaction times & enhance explosive movement
- Caters for all levels of fitness, excellent conditioning exercises for players recovering from injury

FloatFit is also a high energy and extremely fun class. It allows for team building and can provide something a little different to your average training sessions.

A competitive **Swimming Gala** for kids who have been taking part in ongoing swimming lessons in the facility will take place on Wednesday, 27th June from 3pm – 5pm. This will also coincide with the launch of Markievicz's new pool inflatable.

Sports & Fitness Markievicz will show their support for Pride by hosting a special pool party on Wednesday, 27th June from 8pm – 9pm. Staff from Markievicz will also help to facilitate a Ride 4 Pride cycle in Civic Offices Amphitheatre on Friday, June 29th, from 6pm – 7pm (registration from 5.30pm).

Football

Sprog soccer: Programme for 4 to 8 year olds held in 1) Sports and Fitness Irishtown on Fridays with 60 children participating; 2) YMCA, Aungier Street on Wednesdays at 9.30am with 80 children participating.

Men's league: Mondays and Wednesdays in Sports and Fitness Irishtown from 6pm to 8pm.

'Football for All' Programme: Specifically for kids with learning difficulties and physical disabilities, this programme continues on Fridays from 5pm to 6pm in Sports and Fitness Irishtown with 10 – 15 participants.

Summer Camps: All DCSWP / Football Association of Ireland (FAI) development officers will be rolling out summer camps across the city throughout July and August.

Girls' Soccer Development: DCSWP / FAI development officer, Jonathan Tormey will be running soccer sessions on Tuesday and Thursday evenings for girls aged 8 to 12 years from the Ringsend and wider area.

Mini World Cup: DCSWP / FAI development officer, Jonathan Tormey will link in with Cambridge Boys FC to run a mini world cup for young people in the area at the end of June

Rugby

A 'Give it a Try' rugby initiative for girls (10 – 16 years) takes place every Tuesday evening in Ballsbridge and will run until July 31st.

For more information on activities happening in the area please contact your local development officer (details at foot of this report).

Boxing

The **Startbox** Initiative, a partnership between the Irish Amateur Boxing Association (IABA) and DCSWP, represents an ideal way for young people (10 – 17 years) to first engage with amateur boxing, Ireland's most successful Olympic sport. It is delivered by our five dedicated IABA / DCSWP development officers via local schools (primary & transition year

(TY) level) in communities across the Dublin City area. Approximately 2,000 young people take part each year.

The programme is structured into bronze (non contact), silver and gold phases. The first phase focuses on general strength and fitness, method and technique. The silver programme consists of higher intensity sessions & limited contact and the gold phase takes it on to another level again. The DCSWP / Leinster Rugby development officer is currently engaging with schools across the South East Area.

During the summer months, the IABA / DCSWP development officers take a break from Startbox to deliver an Olympic Medal Educational Programme in the Aviva Stadium (also includes a stadium tour). This innovative programme is aimed at primary schools for their end-of-term trips and then latterly to youth projects & summer camps throughout June & July.

Cricket Development Officer Report

I will be liaising with Sport Officers in the area to organise the running of cricket programmes for the coming months and any summer projects that may be on in the area.

We have a number of players involved in the provincial teams (U11, U13, U15, U17, and U19), both male and female, from 9 - 18 years of age and in particular players from the Sandymount / Ringsend area who have training sessions and cricket tours during this period. These sessions take place on a weekly basis at different venues in the Dublin city area. Although all the venues may not be in the area, a lot of the participants will be from the South East Area. Some of these events include:

- Dublin City Summer Camp; 16th-20th of July from 10am - 4pm in the Phoenix Park
- Dublin City U17 match in YMCA cricket grounds on the 23rd July from 11am - 5pm
- Dublin City Girls Camp; 30th July – 3rd August from 10am - 4pm (Venue TBC)
- Our U11 District Tournament takes place on 26th to 28th of July from 10am - 5pm in Pembroke CC. Members of the Dublin City team will be from the Sandymount / Ringsend area and from cricket clubs in the area.

Contact details

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